

KIMBERLY SHEPPARD, DDS

Dr. Sheppard has been in private practice since 2004. She owned and operated Sheppard Periodontics, SC for 16 years. Along with seeing patients full time, she is also the Chief Medical Officer at ROOT as well as an Adjunct Clinical Faculty at Texas A & M College of Dentistry where she instructs graduate students in implant surgery. Recently, Dr. Sheppard has become a member of the Texas Dental Association Peer Review Board and also leads a chapter of the nationally recognized Spear Study Club in Fort Worth.

WHY DR. SHEPPARD BECAME A PERIODONTIST

Dr. Sheppard has always been interested in healthcare and fascinated by the miracles of modern medicine and technology. She also has a keen interest in art and how it can play a role in human aesthetics. While exploring various career options, dentistry was not one of the options she was considering. Much to her surprise, after a visit to her dentist in Iowa City, she was convinced that it was exactly what she was looking for. "Practicing dentistry has been a wonderful way to help people improve their health, their smile, and their confidence all while being able to add an artistic component!"



ABOUT DR. SHEPPARD

Dr. Sheppard grew up in Kalona, Iowa, a small rural town in southeast Iowa. Her upbringing was unique in that Kalona is an Amish community. Though Dr. Sheppard herself is not Amish, the values and sense of community that were a part of her surroundings strongly influence the person that she is today. She brings a sensible results oriented and caring approach to her periodontal practice and sees more than 'just a mouth' upon meeting and working with her patients.

Before enrolling at the University of Iowa, Dr. Sheppard chose to spend a year in France where she went to school, not to earn a degree, but to immerse herself in another culture dramatically different than that from which she came. To this day, she credits that year in France as having one of the biggest impacts in her life by teaching her how to converse in another language and to have a much broader understanding of others.

Dr. Sheppard earned her Bachelor of Science and Bachelor of Arts degrees at the University of Iowa in 1993. It was also during this year that she married David. After graduating, she worked in the healthcare field as a Clinical Research Coordinator. It wasn't until she visited her dentist in Iowa City that she realized that she had an interest in dentistry. She was accepted into the University of Iowa's College of Dentistry and earned her DDS in 2001, graduating at the top of her class and receiving multiple awards along the way. Immediately following graduation, she was accepted as a resident in the Department of Periodontics and earned her certificate in Periodontics in 2004. Dr. Sheppard had a very unique experience in her residency. As she managed her training in Periodontics, she also managed to have two children during the three years that she was there. "Though it was very challenging to juggle being a resident as well as a new mother, it made me a more organized, resilient person and I am grateful for that".

Upon finishing her residency at the University of Iowa, Dr. Sheppard, David, and her two babies moved to the suburbs of Chicago where she started Sheppard Periodontics and practiced up until 2019.

PROFESSIONAL AFFILIATIONS

- American Academy of Periodontology
- American Dental Association
- Texas Dental Association
- Dallas County Dental Society
- Illinois State Dental Society
- Chicago Dental Society
- Northwest Society of Women Dentists, co-founder

PERSONAL

Dr. Sheppard resides in Dallas with her husband of 30 years and her two cats. She has two children who are both away at college pursuing degrees in computer science and medicine. She is very active and enjoys most outdoor activities along with vintage shopping. Dr. Sheppard attends concerts regularly and enjoys all types of music and will never pass on a good cupcake. Dr. Sheppard's real love is France and traveling which it turns out she hasn't had much time for recently, but it is always on her radar screen.

AWARDS

Dr. Sheppard has been recognized several times by prestigious organizations including:

- The American Academy of Periodontology for both clinical and academic skills
- The American Academy of Oral Medicine award for academic excellence
- The American College of Dentists for contributions to the community and field
- The University of Iowa achievement award for her work on oral biofilms

CONTRIBUTIONS TO DENTISTRY

Dr. Sheppard has always been active in professional organizations as a new Texan is planning on continuing this. In 2005, Dr. Sheppard co-founded The Northwest Society of Women Dentists, an organization for women dentists who were often also business owners and mothers. This organization provided a platform to discuss not only dentistry but topics outside of dentistry which included being a mother, a wife, a business owner along with many other things.