



IV SEDATION

IV (intravenous) sedation is commonly used during medical or dental procedures to help you relax and reduce anxiety. Unlike nitrous oxide sedation and oral sedation, patients receive the sedative intravenously during the appointment. This allows your surgeon to effectively do what they are supposed to with you being in a very calm and relaxed mood. Here's a summary about what to expect:

Effects of IV Sedation:

- Relaxation - You will feel calm, drowsy, and less aware of your surroundings.
- Reduced Memory - You may not remember much or any of the procedure afterward.
- Pain Management - It helps reduce anxiety but is often combined with local anesthesia to manage pain.

During Procedure:

- The sedative medication is administered through an IV line, usually placed in your arm or hand.
- Your vital signs, such as heart rate, blood pressure, and oxygen levels, will be monitored closely throughout the procedure.

Risks

- Minimal: For most people, IV sedation is safe, but risks include respiratory issues, allergic reactions, or low blood pressure. The healthcare team is trained to handle any complications.
- It's important to follow pre- and post-procedure instructions closely to ensure safety and a smooth recovery.

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Before procedure:

- You will be asked to fast for a few hours before the procedure to ensure an empty stomach.
- The healthcare provider will review your medical history, including medications and allergies.
- You will be given informed consent to sign after the sedation process is explained.

After procedure:

- Recovery: You may feel groggy or disoriented as the sedative wears off, and full recovery can take several hours.
- Transportation: You'll need someone to drive you home, as you won't be able to operate a vehicle. You will need to be released to a guardian and will not be authorized to take an uber.
- Escort recommended to stay with patient for the duration of the day
- Side Effects: Common side effects include drowsiness, dizziness, nausea, or a headache, which usually subside within a few hours.
- Sleep in a recliner or propped up on several pillows (not lying down flat)
- Start with clear liquids, light food
- Lots of hydration
- Follow pain management instructions of your provider